INTERNATIONAL HEALTH CLUB (IHC)
2018-2019
Meet Your E-Board

President - Rachel Kelly
Vice President - Sophia Wang
Treasurer - Bianca Mulaikal
Secretary - Heidi Kurn
Volunteer Coordinator - Jennifer Weber
Cultural Advocate - Clara Hofman
Class Liaison

Attend E-Board Meetings

Share IHC-Related Events on Facebook

Priority for Future E-Board Positions

Check Email for Application in September/October

1-2 Liaison(s)

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Sophia Liyi Wang shared a link. January 17

Hey everyone, I wanted to let you know about some upcoming International Health Club events!

International rotations talk on Tues Jan 30 at 12pm in Centennial Hall West: All are welcome to come listen to Dr. Alejandro Mayer, Zabrina Ebert (CCOM '19) and Saherish Abbasi (CCOM '19) speak about their experiences with international rotations, as well as how to sign up for them.
RSVP here for free food (edit: you don’t have to be a member!)
https://mwupulse.campuslabs.com/engage/event/1677829

Peru international trip talk: Weds Jan 31 at 12pm in Centennial Hall east: get more info on how to get involved with an awesome medical trip to Peru this summer with Casa de Salud! ***note: the Pulse page says Feb 1 but the event is actually on Jan 31***
RSVP here for free food (edit: you don’t have to be a member!)
https://mwupulse.campuslabs.com/engage/event/1759845

Hope to see you there 😊
Textbook/Board Prep Donation Drive

IHC members are collaborating with ASCOVIME and hope to provide educational materials to the Cameroonian medical students that assist Dr. Georges Bvelle in his mobile health campaigns. For this collection drive, members are asking Midwestern students, staff, and faculty to donate any used or new medical textbooks and board prep textbooks. Please see the list below for the key items we are looking to collect:

- First Aid for the USMLE Step 1 (any year)
- Board Review Series (BRS)
- Anatomy Atlas (any kind)
- Medical Textbook (any kind)

A cardboard box will be located in the Commons Lobby for you to place your donation. Please contact Rachel Kelly (rkelly51@midwestern.edu) or Blanca Nulaikal (bnulaikal3@midwestern.edu) with any questions!
Looking Ahead

**Volunteer Event:**
Feed My Starving Children and Dinner (TBD)

**Fundraiser:** Baseball Cap

**Events:**
- Individual Trip Talks (Fall/Winter)
- International Rotations Talk (Winter)
- Cultural Competency Talk (Spring)

**Currently Pending:**
- Doctors Without Borders: Dr. Pontinen
- Infectious Disease: Dr. Taormina
Fundraiser: Baseball Cap Ideas

Option 1

Option 2

Option 3
## Medical Trip Information

### International Health Club Trips

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Student Contact</th>
<th>Student E-Mail</th>
<th>Primary Contact</th>
<th>Primary Contact E-Mail</th>
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</thead>
<tbody>
<tr>
<td>Spring Break</td>
<td>Haiti</td>
<td>Jennifer Weber, MSII</td>
<td><a href="mailto:jweber76@midwestern.edu">jweber76@midwestern.edu</a></td>
<td>Dr. Kyle Ramsey</td>
<td><a href="mailto:kramse@midwestern.edu">kramse@midwestern.edu</a></td>
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<td></td>
<td>Peru</td>
<td>Rachel Kelly, MSII</td>
<td><a href="mailto:rkelly51@midwestern.edu">rkelly51@midwestern.edu</a></td>
<td>Kerrylyn Rodriguez</td>
<td><a href="mailto:kerrylyn_rodriguez@yahoo.com">kerrylyn_rodriguez@yahoo.com</a></td>
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<td>Sophia Wang, MSII</td>
<td><a href="mailto:lwang18@midwestern.edu">lwang18@midwestern.edu</a></td>
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<tr>
<td>Summer</td>
<td>Cameroon</td>
<td>Bianca Mulaikal, MSII</td>
<td><a href="mailto:bmlulaikal39@midwestern.edu">bmlulaikal39@midwestern.edu</a></td>
<td>Dr. Georges Bwelle</td>
<td><a href="mailto:ascovime@yahoo.fr">ascovime@yahoo.fr</a></td>
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**contact Bianca first, she has Dr. Bwelle’s phone number and can get in contact with him faster**
Update on Nicaragua Trip

Power Of A Nickel <barbara@powerofanickel.org>

to me

10:15 PM (10 hours ago)

Nicaragua is still in a horrible situation. All Americans that I know that were living there are back in the US. So no plans to return yet. If Ortega is overthrown we will most likely be able to return. But not getting our hopes up. We will have trips to Ukraine in June and Greece in July. Greece is unbelievable. We serve the refugees from Iran Syria Afghanistan and Pakistan. Incredible learning experience for students. There may be an opportunity for maya villages outside of tulum. Peru is an option too BUT it is more expensive than all the others by far. Lots of money changes hands to be able to be credentialed. Uganda is in March ... some dates are on the website.

We are happy to work with you if you have other locations you are interested in going. Just let me know. Barbara

Sent from my iPhone
Barbara Grogg. APRN,C-FP
Casa de Salud Peru
Details about the trip

- Most likely late June/early July next year
- One week of clinic; different location every day
- Recommended you travel after if possible
- A variety of different stations; rotate each day
- Contact me with any questions! Facebook or Lwang18@midwestern.edu
- Also Kerrylyn will be coming to speak in Winter Quarter
Details about the trip

- Spring break - 1 week long
- Dental, medical, minor surgeries
- Dr. Malcolm Henderson will be coming to speak this fall
- Christian component to trip - bible study in evening
More About Cameroon

● Minimum 2 weeks
  ○ Plan ahead of time: yellow vaccine, visa, etc
● Stay with a family from the area
● Weekend campaigns include dentistry, pharmacy, and med
  ○ LOTS OF SURGERY!
● Opportunity to go to government hospital during the week
● Email me with any questions!
  bmulaikal39@midwestern.edu
DUES $20

Drop off in Bianca’s mailbox (#419)

OR

Venmo @bianca-mulaikal

Due by Friday, August 24